



2021 Christmas Duals



Dear Coaches,

Hughson Wrestling is excited to invite you to the 2021 Christmas Duals at Hughson High School. This will be an 8 team pooled-style dual meet tournament with each team getting 4 dual meets regardless of win/loss. The winner of each pool will compete for 1st, 2nd place in each pool will compete for 3rd, and so on down to 7th/8th. The Top 4 teams will receive a plaque! The Varsity duals will take place Friday December 17 and the following day (Dec. 18) there is a JV tournament. There will be a coach's hospitality room both days and each team will receive 2 coach's wristbands. There will be a concession stand where wrestlers and those in attendance can purchase drinks, snacks, and lunch/dinner items both days! Hope to see you there!

Date: Friday, December 17, 2021

Format: Varsity Duals-8 Team Pooled Tournament(**First 8 teams to pay entry fee are in!**)

- 2 pools of 4
- Each team is guaranteed 4 dual meets
- After pools of 4 will be medal duals (1st, 3rd, 5th, 7th)
- CIF Rules (2-2-2 minute periods, etc.)

Weigh Ins: 11:00 AM (Bring Alpha Roster Sheet)

Weights: 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

Schedule:

Doors Open- 9:30 AM

Weigh Ins- 11:00 AM

Coach's Meeting-11:45 AM

Round 1- 1:00 PM- 2:30 PM

Round 2- 2:45 PM-4:15 PM

Round 3- 4:30 PM-6 PM

Medal Rounds (1/3/5/7)- 6:15-7:30 PM

Team plaques will be given out immediately after 1st & 3rd place dual meet finishes.

This is an estimate of course and the rounds usually go by much faster, but this is the worst case-scenario time schedule. After each round there will be a 10/15 minute break before the next round begins. Coaches will need to set-up/make changes to lineups for the next dual meet during this time.

Entry fee: \$250 for Christmas Duals, \$400 for both days, \$200 for JV Tournament only

Admissions: \$5 for Adults, \$3 for Students w/ ID card, kids under 8 are free



2021 Christmas Duals



JV Tournament

Date: Saturday, December 18th, 2021

Format: 16 Man Double Elimination Bracket, Medals going out to Top 3 Wrestlers in Each Weight!

Weigh-Ins: 8:00 AM (Bring Alpha Roster Sheet)

Weights: 107, 114, 121, 127, 133, 139, 146, 153, 161, 171, 183, 196, 221, 286

Schedule:

Doors Open- 7:00 AM

Weigh Ins- 8:00 AM

Coach's Meeting- 9:00 AM

Wrestling Begins- 10:00 AM

Medal Rounds- 2/3:00 PM

Awards- 4:00 PM

Entry fee: \$250 for Christmas Duals, \$400 for both days, \$200 for JV Tournament only

Admissions: \$5 for Adults, \$3 for Students w/ ID card, kids under 10 free

Tournament Director: Joseph La Rosa
(209) 485-6869
larosawrestler93@gmail.com



2021 Christmas Duals



Tournament Contract

Please make checks payable to "Hughson Wrestling"

Mail or fax all contracts to: Hughson High School Attn: **Joseph La Rosa**

7419 East Whitmore Ave. Hughson, CA 95326

Fax: (209) 883-0870

School Name: _____

Address: _____ City: _____ State: _____ Zip: _____

School Phone #: _____ School Fax #: _____

Coach's Name: _____ Coaches Phone #: _____

Coaches Email: _____

AD's Email: _____

- Christmas Duals (\$250)
- JV Tournament (\$200)
- Both (\$400)

Coach's Signature: _____

Athletic Director Signature: _____

The above-signed High School agrees to compete in whichever marked box (Hughson Christmas Duals on December 17, 2021/JV Tournament December 18, 2021/Both) at Hughson High School. The tournament entry fee will be /\$200.00/\$250.00/\$400.00 depending on box selected and **must be paid by December 10, 2021**. (Spot will be saved when payment is received). Once your team is officially in the tournament I will email the Head Coach notifying him of this.

Thank you,

Joseph La Rosa

(209) 485-6869

larosawrestler93@gmail.com