## <u>12th Annual Vista Del Lago</u> <u>J.V. Boys/Girls Invitational</u>

"The Premier JV Tourney in Northern California"

Vista Del Lago High School 1970 Broadstone Pkwy Folsom, CA 95630

Entry Fee:	\$350 per team (10 -20); \$35 per wrestler for teams of less than 10
Weights:	Wrestlers will be pooled/bracketed by weight and experience.
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Weigh-In:	7:00 AM *Must Bring Team Weigh-In Sheet*
Wrestling Be	egins: 9:00 AM
Lunch:	Coach's Lunch will be provided. Dos Coyotes Catered.
Format:	<ul> <li>*We will try to group/seed the wrestlers by experience level</li> <li>*Wrestlers are guaranteed at least 3 matches, most will get 4-5.</li> <li>*7-8 mats in 1 building. (Beautiful Facilities!!)</li> <li>*30 Teams last year and tourney was finished by 4:00 pm!!!</li> <li>*Tourney is ran paperless via Trackwrestling with by the second updating of brack online. All mats have digital score and time clocks.</li> </ul>
Awards:	$1^{st} - 3^{rd}$ will medal in all brackets.
<u>PLE</u>	EASE RSVP ASAP (I have to cap this at 30 teams and we get filled fast):
	Cell 916-342-7057
Plea	E-mail <u>frichmon@fcusd.org</u> ase Return To: Frank Richmond, 1970 Broadstone Pkwy, Folsom, CA 95630
School I	Name
Coach's	s Name
E-mail_	
Phone_	Approximate # of Wrestlers:
clude a \$350 check if you are bringing a full team. Include a \$140 deposit if you plan to pay p	
liuue a \$550	cheek in you are bringing a run team. Therude a \$140 deposit in you plan to pay