11th Annual Vista Eagle Varsity Invitational

Vista Del Lago High School 1970 Broadstone Pkwy Folsom, CA 95630

Date: Saturday December 3rd 2022

Entry Fee: \$350 per team (up to 20 wrestlers; extras are welcome) or \$35 per wrestler

for teams of less than 10

Weights: CIF Weight Classes (+1 if there is a team with Friday Dual)

Weigh-Ins: 7:00 AM *Must Bring Alpha Weigh-In Sheet*

Wrestling Begins: 9:00 AM

Lunch: Coach's Lunch will be provided. Chick-Filet Catered.

Format: *16 or 24 man brackets/ Double Elimination

*7 mats in 1 building. (Lots of bleacher space!)

*30 Teams + extras last year and tourney finished by 4:00 pm.

The tournament is ran paperless on Trackwrestling with by the second updating of brackets and team scores. HD Monitors with score and time

on all mats.

Awards: 1st - 6th will medal in all brackets.

Team Trophies for 1st-3rd

Oustanding Lower Weight and Upper Weight Wrestler Awards.

Most Falls in Least Time Award

John Sachs - Tech-Fall.com

PLEASE RSVP ASAP:

Complete this Google Doc to Reserve your Spot https://forms.gle/AZMhvN6JiMFxAxFc8

Or alternatively reserve by calling or emailing Frank Richmond

Cell 916-342-7057

E-mail frichmon@fcusd.org

Make checks payable to: Vista Athletic Boosters